

HLTAID011 Provide First Aid

Course Description

This unit describes the skills and knowledge required to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies.

The unit applies to all persons who may be required to provide a first aid response in a range of situations, including community and workplace settings.

Specific licensing/regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities.

Entry Requirements

There are no formal prerequisites required for you to enrol in this course, however a sound understanding of the English language is a must. For this reason, applicants will be required to complete at the time of enrolment a short assessment to ascertain their language, literacy and numeracy level.

Upon enrolment, each individual must have a valid Unique Student Identifier (USI) to study any qualification or short course in Australia. To create a USI please visit www.usi.gov.au

Physical Fitness Requirements

You will be physical fitness to perform at least 2 minutes uninterrupted single CPR (5 cycle of both compressions and ventilations) on a resuscitation manikin on the floor and general manual handling activities.

Course Duration

You will expect to complete this course within 19 hours, which includes 11 hours pre-course learning and 8 hours face-to-face class.

Assessment Methods

- Practical demonstration of CPR skills in various simulated scenarios
- Multiple choice assessment questions
- Incident report writing

Prior Learning and Skills

If you have completed this first aid training before, please provide your official statement of attainment or verifiable certificate upon your enrolment. You may exempted from completing the pre-course knowledge assessment

Location

The first aid training will be hold in the venue of Australian Institute of Training Solutions

Cost

\$150 per person

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Notes: The Safe Work Australia First Aid in the Workplace Model Code of Practice requires employers to ensure that their nominated first aiders attend training on a regular basis to ensure currency.

The Code of Practice recommends that refresher training in CPR should be completed annually (12 months) and first aid qualifications should be renewed every three (3) years.

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