

HLTAID009 Provide Cardiopulmonary Resuscitation (CPR)

Course Description

This nationally recognised unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) guidelines. This unit applies to all persons who may be required to provide CPR, in a range of situations, including community and workplace settings.

CPR is a lifesaving technique which can sustain life until an ambulance arrives. You will gain the knowledge and confidence to perform CPR on an adult and infant, with compression and ventilation skills.

Entry Requirements

There are no formal prerequisites required for you to enrol in this course, however a sound understanding of the English language is a must. For this reason, applicants will be required to complete at the time of enrolment a short assessment to ascertain their language, literacy and numeracy level.

Upon enrolment, each individual must have a valid Unique Student Identifier (USI) to study any qualification or short course in Australia. To create a USI please visit www.usi.gov.au

Physical Fitness Requirements

You will be physical fitness to perform at least 2 minutes uninterrupted single CPR (5 cycle of both compressions and ventilations) on a resuscitation manikin on the floor and general manual handling activities.

Course Duration

You will expected to complete this course within 5.5 hours, which includes 1.5 pre-course self-paced learning and 4.0 hours face to face training and assessment.

Assessment Methods

- Practical demonstration of CPR skills in various simulated scenarios
- Multiple choice assessment questions
- Incident report writing

Prior Learning and Skills

If you have completed this first aid training before, please provide your official statement of attainment or verifiable certificate upon your enrolment. You may exempted from completing the pre-course knowledge assessment

Location

The first aid training will be hold in the venue of Australian Institute of Training Solutions

Cost

\$90 per person

Notes: *The Safe Work Australia First Aid in the Workplace Model Code of Practice requires employers to ensure that their nominated first aiders attend training on a regular basis to ensure currency.*

The Code of Practice recommends that refresher training in CPR should be completed annually (12 months) and first aid qualifications should be renewed every three (3) years.

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